



**Lead by example.  
Help create a  
healthier future by  
joining the *All of Us*  
Research Program.**

Follow us at:  
**@AllofUsResearch**



**JoinAllofUs.org  
help@joinallofus.org  
(844) 842-2855**

# Here's how it works:



## **1. Join the program.**

Create an account, learn about what your participation involves, and agree to join us.



## **2. Share health records and answer questions.**

Tell us about your environment, lifestyle, and health.



## **3. Help improve the way we treat disease.**

Power the largest and most diverse medical research program of its kind.